Smith Village Names Jatis New Executive Director

Mari Jatis has been named executive director of Smith Village, 2320 W. 113th Pl. Jatis, who is from Mt. Greenwood, graduated from Mother McAuley High School in 1991. She received her Bachelor’s and Master’s degrees in Nutrition from Northern Illinois University. She is a registered dietitian and a licensed nursing home administrator.

Jatis started with the Smith communities in 1998 as the dietician for the Washington and Jane Smith Community. She briefly worked as director of food and nutrition services for what is now MetroSouth Medical Center in Blue Island but returned to Smith Senior Living when it completed Smith Crossing’s Orland Park campus in 2004.

“I discovered I preferred serving residents more than hospital patients because here at Smith Village we enjoy long term relationships,” Jatis said. “Food is a celebration of life and goes beyond basic sustenance.”

Jatis is looking ahead. “My responsibilities have broadened to all aspects of life here at Smith Village but my goal remains the same -- to support staff development and creativity that will add to the quality of life for the people who reside in our community,” she said.

For more information about Smith Village, call 773-474-7300 or visit online at SmithVillage.org.

AND Receives Grant

A New Direction Beverly Morgan Park (AND) was selected as the recipient of a multi-year grant totaling $100,000 from the Mary Elizabeth Waller Foundation.

The funding will assist AND in providing domestic violence services.

“We are pleased to align ourselves with AND, which offers a community-based response to domestic violence, providing counseling, education and support advocacy to individuals and families,” said Kathy Waller, the foundation’s president. “We have the utmost confidence in AND, and strongly support the grass-roots efforts they are making to stop the horrific cycle of domestic violence.”

The Board of Directors of AND is immensely grateful for this generous funding, which will be strategically appropriated over the next several years, in combination with the continued generous community support on which we rely,” said Jessica McCarrigan, AND President. “The memory of Mary Elizabeth Waller is foremost in our hearts and our goals.”

Kathy Waller founded the Mary Elizabeth Waller Foundation in 2001 in honor of her daughter, Mary Elizabeth, who was tragically killed by her father, Kathy’s ex-husband, through an act of “unbelievable violence and hatred.” The Foundation was created in her honor, with a mission to fight domestic violence by supporting organizations dedicated to promoting institutional and social change in the prevention of domestic violence and child abuse.

For more information about AND and its services visit anedirectionbmp.org or call 773-253-7226.
Champagne and Sweets. A Champagne and Sweets Reception will be held Thurs., Jan. 3, 7 p.m., Ridge Historical Society, 10621 S. Seeley Ave. Celebrate the New Year with bubbly and goodies for $25 per person. Reservations: 773-881-1675 or ridgehistorian@hotmail.com.

BAC School of the Arts. More than 100 classes for all ages start the week of Jan. 6 at Beverly Arts Center, 2407 W. 111th St. Sign up early and save: Super Savings Days Dec. 4, 5 and 6 – members save 20% and non-members save 10% off regular non-member prices. A complete schedule of classes, camps and workshops at www.beverlyartcenter.org.

Share a Peace of Your Mind.” An exhibit of features black and white portraits and the personal stories that serve as a catalyst for examining our individual commitments to peace, opens with a reception featuring photography/author John Noltner discussing the project Sun., Jan. 6, 3 to 5:30 p.m., Bethlehem Evangelical Lutheran Church, 940 S. Oakley Ave. The exhibit will be open through Feb. 14 and to the public Thursdays and Fridays, 3 to 8 p.m., and Saturdays, 10 a.m. to 1 p.m. For more information, visit www.bethlehem-chicago.org or 774-445-7558.

EBA Meeting. East Beverly Association (EBA) will hold its monthly meeting Mon., Jan. 7, 7 p.m., Starbucks, 1933 W. 103rd St. Residents of East Beverly are invited to join in the discussion and planning of community events. www.eastbeverly.com.

Are You Financially Independent? Financial independence in retirement is the goal of most people. Peter Bentler will offer helpful advice on how to best achieve that independence, Tues., Jan. 8, 10 a.m., Beverly Bank & Trust, 10258 S. Western Ave., 773-239-2265.

Caregivers Support Group Meeting. Caregivers and families of seniors living with Alzheimer’s disease or dementia will meet Tuesday, Jan. 8, 6:30 p.m., Smith Village, 2320 W. 113th Pl. The hour-long meeting is open to the public and includes the screening of a short film, “Complaints of a Doting Daughter,” which chronicles a child’s journey toward accepting her mom’s illness. Reservations: 773-474-7300 or SmithVillage.org.

BAC Main Stage Entertainment. Music and comedy are on the bill this month at BAC’s Main Stage, 111th St. A Rod Stewart Concert Reunion with Steve Bobbit, Sat., Jan. 12, 8 p.m., $19 or $16 for BAC members. TJ & Dave, award-winning improv comedy with Chicago’s own TJ Jagodowski and Dave Pasquesi, Fri., Jan. 18, 8 p.m., $20 or $18 for BAC members. Ronnie Baker Brooks performs his blues birthday Bash, Sat., Jan. 19, 8 p.m., $26 or $23 for BAC members, 26 or 23. A Chicago Experience brings alive the sights and sounds of the legendary band Sat., Feb. 2, 8 p.m., $26 or $23 for BAC members. Tickets: www.beverlyartcenter.org or 773-445-3838.


Trust and Estate Planning. Linda Pitrowski of the Chicago Trust Company will present a seminar on the benefits of trust and estate planning Wed., Jan. 23.

About 11:30 I took a moment to stop and talk to some people who were coming in to get their drinks. It was a lovely, smiling, dancing and laughing crowd. Everyone was enjoying themselves. The ladies were dressed in ball gowns and cocktail dresses. Some of the men were in tuxedos. I saw neighbors from all parts of the community, younger and older, and new homeowners. The scene was just what we had hoped it would be for so many months. The Snowflake Ball was a wonderful success and I had to say to myself “neighbors helping neighbors”. The Ball was the result of BAPA’s efforts to connect to our younger neighbors. For some time now we have been developing ways to make sure our programs are relevant to those who are new to the neighborhood and to younger families. With this in mind we formed a Young Persons committee and asked them to help BAPA do something fun for the new neighborhood. Many of them remember the excitement surrounding the Snowflake Ball and they decided that we should bring it back. Committee members collected food donations for the kickoff party, distributed posters, sold tickets, gathered gift certificates and other prizes, contacted sponsors, spoke at the dance floor which offered great ideas, used social media to spread the word, and worked the night of the party at the entry table among other tasks. Thank you to each of them for their hard work.

The night showed Beverly/Morgan Park at its best and it is a great way to end the year, offered great ideas, whether it is a community celebration like the Snowflake Ball or an athletic event like the Ridge Run, takes the hard work of many people. Our planning committee and BAPA staff began meeting months ago to make sure we threw a great party. Our sponsors helped offset our expenses and promoted the event. Local businesses joined the Find The Snowflake promotion, supplied prizes for participants and donated food for the kickoff party at the Cork and Kerry. It was truly a community-wide effort. It helped BAPA send 2012 out in style and motivated us to jump right into the New Year.

In 2013 we will be moving our offices to the first floor and our new front door will be on 111th Street. This new space will make us more accessible to our neighbors. It will repurpose a large portion of this historic building and offer opportunities for community groups to have a place to meet. We are excited about the move and will be holding open houses when we are settled in.

Also in the next year BAPA will be asking for your help in making plans for the next 5 years. In a series of community meetings we will re-examine our major program areas, what we call our Strategic Initiatives, and will refocus our efforts to meet your needs and concerns. Since our funding over 65 years ago, BAPA has always worked to improve Beverly/Morgan Park while maintaining that small town feel. Your input is vital if we are to keep our community prosperous, safe and strong. Your participation is needed if we are to continue being “neighbors helping neighbors.”

On behalf of the Council of Delegates, The Executive Committee, the members and staff of the Beverly Area Planning Association I wish you a very happy and healthy New Year.

BAPA Does . . .

BAPA co-sponsors the 22nd District Court Advocacy volunteer program. Volunteers attend court hearings for crimes committed locally, and they support victims and witnesses. Since the Cook County criminal justice system is so overburdened, the presence in the court of the 22nd District Court Advocacy Volunteers lets the Judge, Assistant State’s Attorney and defendants know that our community cares about the outcome of cases. Currently, volunteers are following the case concerning Madison Kingston and Jonathan Bailey, who were charged in May 2011 with the armed robbery of several local teens on 101st & Leavitt. To learn more about volunteering, contact Alice Collins at BAPA, 773-233-3100 or the 22nd District Community Policing Office, 312-745-0020.

BAPA: Neighbors helping neighbors

Orchids to the Snowflake Ball Committee for all their hard work throwing a great neighborhood party and to the sponsors of the Ball for making the event possible.

Orchids to Gayle Scahill, Audrey Peeples, Tom Baffes and Abe Lentner for their service to the community as members of the BAPA Executive Committee.

Orchids to the organizations and neighbors who provided food, coats and gloves, gifts and essentials to people in need during the holiday season. The generous spirit of the Beverly/Morgan Park community is overwhelming.

Onions to residents who place their trash and recycle cans on the hand-capped accessible sidewalk ramps at corners. Please leave walkways clear.

A Reminder

Please be a good neighbor and clear your sidewalks when it snows. Do not shovel or blow snow onto streets that have already been cleared. Look out for neighbors who may need help when the weather is icy, snowy and cold.

The mission of the Beverly Area Planning Association is to sustain and enhance Beverly/Morgan Park as a culturally diverse Village in the City with increasing home values, high quality schools, thriving commercial areas and a low crime rate.
Ridge Run Gets in Step With New Website & More!

The 36th annual Ridge Run will be held Memorial Day, May 27 and registration is already underway! A new dedicated website, untimed 5K walk and online registration for families are among the new offerings available to participants.

Website Information, registration and details about the race are now available at www.bapa.org/ridgerun. This user-friendly site makes it easy to keep up with Ridge Run news and find everything you need from race routes to race day schedules.

Early Registration Savings Persons who register for the Ridge Run by Feb. 1 will be able to pay the same fee as last year. On Feb. 2, the fees will go up $5 in all race categories. Fees will also increase by $5 for race day registration.

New! New this year, all runners in the 10K and 5K races will receive dry-tech shirts. Youth Mile runners will receive cotton shirts in youth sizes.

The Ridge Run will also offer an untimed 5K walk at a lower registration price.

Family registration for 3 is now available online. To add more runners, call 773-233-3100 or email ridgerun@bapa.org.

Running Teams The Ridge Run will also offer team competitions for adult teams in the 10K and 5K, and youth teams (ages 14 and under) in the 5K. Teams must have a minimum of 5 runners and prizes will be awarded for the top three teams in each race.

See & Ski Dan Ryan Woods

The Beverly Improvement Association in connection with Ald. Matt O’Shea and the Cook County Forest Preserve District invites you to enjoy skiing in the Dan Ryan’s Woods on Sunday afternoons when there is sufficient snow to ski, about 4 inches on the ground. Meet at 1 p.m. at Beverly Bike and Ski, 9121 S. Western.

There is no charge for this event. Cross-country skis, boots, and poles are available to rent at Beverly Bike and Ski for $15 for the day and $25 for the weekend. They also have snowshoes available at the same prices.

Remember if you can walk, you can cross country ski. Don’t spend the winter cooped up with cabin fever. Get out and enjoy yourself.

MCHS State Scholars Neighborhood residents are among the 16 Mount Carmel High School students recognized as 2013-14 Illinois State Scholars. Students and their elementary schools are Dominick DioGuardi (St. Cajetan), Ryan Fleming (St. John Fisher), John Reedy (St. Cajetan), Vincent Sheridan (St. John Fisher) and Nathan Webb (Christ the King).

Illinois State Scholar winners rank in the top ten percent of high school seniors from 749 different high schools across the state. Selection is based on SAT, ACT and/or Prairie State Achievement Exam scores, and/or class rank at the end of the junior year.
The WISHFIT Study

is helping women combat toxic belly fat through activities like Yoga and Line Dancing.

WISHFIT Study

is a free program designed to help women increase physical activity, improve mood, and slow the progression of menopause-related toxic belly fat.

Don’t miss your opportunity to be a part of this wonderful movement!

WOMEN:

The WISHFIT Study is looking for black and white women ages 42 and over in the Beverly/Morgan Park neighborhoods to participate in a study designed especially for pre & peri-menopausal women.

Call the WISHFIT Study office at 773.881.9400 today!

Start the New Year

Beverly Yoga Center
1917 W. 103rd St., 2nd floor
773-239-9642
www.beverlyyogacenter.com

Fitness Tip: Yoga treats the body and soul, nurturing and strengthening bodies and calming the mind.

The Beverly Yoga Center is a warm, welcoming yoga studio that focuses on calming minds, nurturing bodies and connecting with hearts through yoga and meditation. They offer regularly scheduled classes daily, host workshops and retreats throughout the year for all ages, and provide many services to accommodate client wants and needs. Beverly Yoga Center provides classes such as Therapeutic Yoga for those recovering from or living with injury or illness; Intro to Yoga for those who have never tried yoga in a class setting; and Power Hour and Hot Yoga for those who have prior yoga experience. If there isn’t a regularly scheduled class that fits a client’s needs, they provide private sessions that are ideal for students with specific questions or areas of concern.

The Beverly Yoga Center provides many regularly scheduled classes, including Vinyasa, Candlelight, Power, Hot, and Prenatal. Intro to Yoga and Intro to Meditation are offered as 4-week courses and Little Yoga’s classes are available for children. Services include Reiki, Thai Yoga Therapy, Yoga Parties for kids and teens, and private lessons.

Running Excels
10328 S. Western Ave.
773-629-8587
www.runningexcels.com

Fitness Tip: Join a running club. The group runs will keep you motivated, accountable and are a great way to meet new training partners and make friends.

Running Excels will keep you outdoors all year long. Their popular running program are offered three days a week, allowing runners to keep up or enhance their running condition rather than start over each spring. They are always excited to welcome new runners with a free walk-to-run program that begins in March and is designed to gradually build up endurance and confidence, and to remain injury free and motivated. New runners usually celebrate by running a 5K and or joining Running Excel group runs (Tues. and Thurs., 6 p.m. and Sat.,

CONTINUED ON NEXT PAGE
With a Fitness Resolution

To prime your immune system, get at least 30 minutes of moderate exercise each day. Overexertion lowers the immune system leaving you vulnerable to illness. Beverly Body Works provides a non-traditional fitness environment for women to build not only their health, but also their body’s energy is contagious.

CONTINUED ON NEXT PAGE
Fitness Resolutions

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their sense of community through fun and diverse class offerings including Zumba, high intensity interval training, step, and the new Taku class. The classes, at different times of the day, accommodate everyone from stay-at-home moms and retirees to working women. Women of all ages and fitness levels can move their bodies in new and challenging ways under the guidance of patient, nurturing and passionate fitness instructors. Show up with energy – everything else is provided: the equipment and guidance to achieve a well-rounded work out. Childcare is provided Mon. through Fri. at the 9:20 a.m. class.

Natural Instincts Physical Therapy & Wellness Center
11113 S. Western, Chicago
773-233-8600

Fitness Tip: Losing weight is sometimes a challenge. Vary your workout by choosing different exercises that will tax your muscles in different ways. You will burn more energy.

Tina Morocco-Collins, PT, DPT, evaluates each client individually and designs a program that works for their body type, lifestyle and habits. The programs are not just about weight loss–they address all factors that stop programs from being successful. Women are provided resources for time management, stress management and healthy eating: 3 factors that are crucial in improving the health of middle age and older women. The perfect WISHFIT Woman believes that healthy living is all about enjoying life; refuses to let age fade the sensual, sexy, and passionate woman inside, and understands that she helps those she care about by first helping herself.

The WISHFIT Study is free and designed to slow the progression of menopause-related visceral fat. The structure for regular meetings: 30 minutes of physical activity; presentations on the importance of physical activity, improved mood, and healthy eating; and goal setting and action planning.

In the WISHFIT Study women discover for themselves what works best when it comes to improving their health. They are exposed to a variety of physical activities that they can then choose to engage in on a regular basis. Women are provided resources for time management, stress management and healthy eating: 3 factors that are crucial in improving the health of middle age and older women. The perfect WISHFIT Woman believes that healthy living is all about enjoying life; refuses to let age fade the sensual, sexy, and passionate woman inside, and understands that she helps those she care about by first helping herself.

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WISHFIT Study
9730 S. Western Ave., Ste. 727
312-563-2123 or www.WISHFIT.org

Fitness Tip: Reduce your risk for chronic disease by reducing the toxic belly fat stored in the abdominal area. Belly fat is more than just a cosmetic issue. Research shows a very strong correlation between belly fat and serious health problems including heart disease and diabetes. The key is to lower your overall body fat with moderate intensity physical activity and a healthy diet. In the WISHFIT Study women discover for themselves what works best when it comes to improving their health. They are exposed to a variety of physical activities that they can then choose to engage in on a regular basis. Women are provided resources for time management, stress management and healthy eating: 3 factors that are crucial in improving the health of middle age and older women. The perfect WISHFIT Woman believes that healthy living is all about enjoying life; refuses to let age fade the sensual, sexy, and passionate woman inside, and understands that she helps those she care about by first helping herself.

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How well do you know your neighborhood? For artist and neighbor Jack Simmering, much of what’s most beautiful about our architecture is in the details. Each month, Jack draws a detail from a Beverly/Morgan Park building. If you can identify the building, let us know by sending the location in an email to villagereditor@bapa.org by Jan. 23, 2013 with “Village Vignette” in the subject line. The person who identifies the location correctly will receive the original of Jack’s pen and ink drawing published in The Villager. If there are multiple correct answers, a winner will be selected at random. Last month’s drawing of the fire house at 110th and Homewood was won by Quinn Eshheit.

‘A Peace of My Mind’

Building a more peaceful world, one story at a time

“A Peace of My Mind,” an exhibit exploring the common humanity that connects people by award-winning photographer and author John Noltner, will be displayed at Bethlehem Evangelical Lutheran Church, 9401 S. Oakley Ave., Jan. 6 through Feb. 14.

“A Peace of My Mind” features black and white portraits and the personal stories of 52 people, and serve as a catalyst for examining our individual commitments to peace while connecting with the commitments of others.

An opening reception featuring John Noltner discussing the project and reading interviews from the book that accompanies the exhibit, will be held at the church Sun., Jan. 6, 3 to 5:30 p.m. The exhibit will be open to the public Thurs. and Fri., 3 to 8 p.m., and Sat., 10 a.m. to 1 p.m. Groups are welcome.

Open dialogues will be held on two topics: Peace Across the Faiths: Interfaith Dialogues in January and The Ways of Peace: Intercultural Dialogues in February.

“A Peace of My Mind” provides a framework for conversation about how, in an increasingly diverse world, solutions to the most challenging problems facing humanity must be found in dialogue.

The persons profiled in the exhibit are described as “ordinary people with extraordinary stories.” They include Holocaust survivors, homeless people, a Somali refugee, a military chaplain, a pottery instructor and an oil company executive. Artists, volunteers, political and business leaders and others share thoughts and inspiring stories that celebrate man’s shared experience and the pursuit of peace.

For more information on the exhibit and podcasts of the complete interviews, visit www.peaceofmymind.net. Copies of “A Peace of My Mind” books are available on Amazon.com. For more information on the church, visit www.bethlehem-chicago.org or call 774-445-7558.
Thank You!

These neighbors are supporting the Beverly Hills/Morgan Park community as 2012 members of the Beverly Area Planning Association.

Note: These memberships were received at BAPA before Dec. 20; any memberships received after that date will be recognized in the February issue of The Villager.

COMMUNITY SUPPORT CIRCLE
Michael & Monica Carey
Gary & Denise Gardner
Thomas & Judy Hynes
Nikki Jones & Rudy Jones, Jr.
Ms. Patricia Walsh
Julius H. & Keli F. Watson

VILLAGE IN THE CITY SOCIETY
Cora Johnson

LONGWOOD SOCIETY
Daniel Burns & Carole Weis-Burns
Agnes B. Cannning
John & Renee Carroll
James D. Cunningham, Jr.
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Gail & William Malone
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Yvonne E. Miller
Bruce & Mary Lee Nelson
Daniel Nichols & Robert Ragan
Margaret & Edward O’Farrell
Michael F. O’Malley
Constance & Anne Oswald
William & Cathy Ragen
Kathy Raupp
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Anthony & Dorothy Tushar
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NEIGHBOR
Donald & Ellen Antonsen
Patricia & Theautry Appleton
Paul & Jill Arvia
Patricia & Boris Bakunas
Robert & Phyllis Brauer
Patricia Byrne & Dan Bowens
Vane & Phayun Chulandon
Diane M. Cline
Marcia & Peter Collins
Timothy & Susan Connor
Jack & Mary Cozzie
Chris & Helen Dimas
Bruce & Patricia Endzel
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Helen & Patricia Gallager
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Kathleen Jacob & Gabriel Statt
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Patrick & Joan Kennedy
Jamie & Sarah Lawler
Asa & Judith Lett
Charles LoVerde, III & Tracy LoVerde
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Thomas & Elizabeth Marren
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Britt & Bruno Nilsson
Brian & Michelle Page
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We thank you, our friends and neighbors, for allowing us to serve your real estate needs this past year.

We look forward to this coming new year refreshed and renewed, eager to continue the tradition of excellent real estate service and professionalism that has been our trademark since 1982.

Best Wishes for a Happy and Prosperous New Year!

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Thank you all for your support and your kind and thoughtful donations.

Thank you to all who helped make the last year a successful one.

We look forward to a new year of growth and prosperity.
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Village CALENDAR

PULL OUT & SAVE!
e-mail calendar items to villagereditor@bapa.org

January

Art & Exhibits

5th Annual Evolving Artists Competition and Exhibition, Jan. 4 through Jan. 31. Free. 9 a.m. to 9 p.m., Mon. through Fri., 10 a.m. to 6 p.m. Sat. & Sun. Beverly Arts Center, 2407 W. 111th St. 773-445-3838. Beverlyartscenter.org

CAPS Meetings

Court Advocacy/Victim Assistance, Weds., Jan. 9, 1:30 p.m., 22nd District Police Station, 1900 W. Monterey. 312-745-0620

Domestic Violence Subcommittee, Mon., Jan 24, 10:30 a.m. 22nd District Police Station, 1900 W. Monterey. 312-745-0620

Classes

Vanderpoel Art Association

Classes: Stained Glass, Jan. 5, 12, 19, 26, 9 a.m. to 12 p.m. To register, contact Jim Bremer, 773-445-5749 or bremer6@ameritech.net. Oil and Acrylic Painting, Jan. 4, 11, 18, 25, 1 to 4 p.m. To register, contact Didier Nolet at 773-470-7833 or didiernolet@aol.com.

BAC School of the Arts, winter classes in art, dance, theater, music, movement, ceramics and more begin the week of Jan. 5. Beverly Arts Center, 2407 W. 111th St. 773-445-3838, www.beverlyartcenter.org

Music

Steve Bobbit and the Young Turks perform A Rod Stewart Concert Experience Sat., Jan. 12, 6 p.m. $19 ($16 BAC members). Beverly Arts Center, 2407 W. 111th St. 773-445-3838


Seniors


“Maharaja: The Splendor of India's Royal Court,” Beverly Bank & Trust Platinum Adventures Club, Tues., Jan. 29, 10 a.m. $75. Field Museum. Transportation provided. Marjorie O’Connell, 773-239-2265, mocconnell@beverlybank.com.

Stage

TJ & Dave, improv comedy, Fri., Jan. 18, 8 p.m. $20 ($18 BAC members). Beverly Arts Center, 2407 W. 111th St. 773-445-3838.

SEND EVENTS FOR VILLAGE CALENDAR TO villagereditor@bapa.org

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$25.00 OFF with this ad.
Do you see the photo that goes with this article? Are you saying, “I know those guys!”? Sure you are, because TJ Jagodowski and Dave Pasquesi are not only popular Chicago-based improvisers, they are busy actors who we’ve seen on TV and in the movies.

When they are not performing the popular TJ & Dave show – which they will bring to the Beverly Arts Center, 2307 W. 111th St., on Fri., Jan. 18, 8 p.m. -- Jagodowski and Pasquesi showcase their talents in Chicago, New York and the TV show “Prison Break.”

Pasquesi has performed on many Chicago stages including The Second City, iO, the Goodman, Lookingglass and Steppenwolf theaters. He currently appears on “House” (Starz network) and has performed on television shows that include “According to Jim,” “Curb Your Enthusiasm,” “Strangers With Candy,” and many more. Movie credits include “Angels and Demons,” “The Year One,” “Return to Me,” “Natural Born Killers,” “Groundhog Day” and “Father of the Bride.” Many fans of both the BAC and The Second City will remember Dave Pasquesi from the South Side Alumni shows that featured more than a dozen comics performing classic Second City sketches and improv on the Beverly Arts Center stage in the mid-2000s.

The TJ & Dave show is longform improv, which requires the quick witted performers to start fresh for every show and make up scenes as they go along. What they do is a unique brand of comedy that Pasquesi and Jagodowski have honed into an award-winning art that many critics regard the best of longform improvisation.

“It’s just the two of us,” Pasquesi explained. “We start and an hour later we’re done.”

Of course, it’s not quite that simple. Jagodowski and Pasquesi walk out on stage without a plot, dialog or character between them, then create one of the funniest entertainments their audiences will ever see.

“It’s really fun,” Pasquesi said. “The shows are all different in tone; sometimes they’re funnier, sometimes they’re odder. We come in and say hello, and ask that the audience trust that we are making it all up.”

Jagodowski and Pasquesi perform the show regularly in Chicago and also do a monthly show at the Barrow Street Theatre in New York City. Singer songwriter Ike Riley will open for TJ and Dave. Sometimes funny, sometimes poignant, Riley is described as an engaging storyteller with an acoustic guitar.

Tickets to the TJ & Dave Show are $20 ($18/BAC members). For tickets and information, call 773-445-3838 or visit www.beverlyartcenter.org.

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**SAINT CAJETAN SCHOOL**

Open House
Sunday, January 27th
10:00 - 12:00
Meet in the school Gym

112th and Campbell

Come see why many families choose Saint Cajetan School

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- Full Day or Half Day Pre-School Option
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- Music, Gym, Library, Computer and Art Classes
- Athletic Program includes football, soccer, volleyball, basketball, and cheerleading
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**BEVERLY CAFE & COFFEE**

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773.BEV.BAKE (773.238.2253)
Bakery Goods & Fresh Roasted Coffee by the cup and by the LB.

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HOURS: M-F (to 4) 7am - 4pm
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Singer songwriter Ike Riley will open for TJ and Dave. Sometimes funny, sometimes poignant, Riley is described as an engaging storyteller with an acoustic guitar. 

Tickets to the TJ & Dave Show are $20 ($18/BAC members). For tickets and information, call 773-445-3838 or visit www.beverlyartcenter.org.
Open 7 Days a Week!
Mon & Fri 9:30 to 4:00
Tues & Wed 9:30 to 7:00
Thurs 9:30 to 7:00
Sat 10:00 to 4:00
Sun 10:00 to 2:00

Thank You Beverly and Morgan Park for Your Continued Business!

17050 S. Oak Park Ave.
Tinley Park, IL 60477
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www.tpkitchenandbath.com

Jive Turkey Cooks Up Fried Turkey on 111th Street

Neighborhood residents can enjoy fried turkey without the equipment, mess, stress and danger that comes with frying a turkey at home. Offering deep-fried turkey in 15 different flavors, Jive Turkey, 1979 W. 111th St., also serves smoked ham and mouthwatering side dishes.

According to owner Arieka Westbrooks, Jive Turkey blurs the lines between restaurant, retail and manufacturing as the company prepares several thousand turkeys at this location for nationwide shipping and local customer pickups. Jive Turkey sells moist and juicy deep fried turkeys in 15 different flavors.

As you cook dinner Steam Whisperer heating prevents uncomfortable and wasteful overheating as it automatically adjusts the heating of the kitchen. When its time to start homework, you decide to pay a few bills amidst the kids’ questions, and a little carolling. You open the gas and electric bills and are pleasantly surprised..... Steam Whisperer heating uses 20% less gas and 98% less electricity than other systems.

With the bills easily paid, its bath time. With Steam Whisperer heating bath time goes much easier because there is endless hot water. As the kids go to bed, Steam Whisperer heating lets you set the healthiest temperature for each room...warmer for the baby and cooler for the keys that Burrow under the blankets. As you end your day, you can rest assured that the heat will not go out unexpectedly. Steam Whisperer heating is built to last using simple, safe, and efficient equipment that will help you raise your family and even greet your grandchildren without expensive and disruptive furnace replacements.

Call the Steam Whisperer
CHICAGO’S STEAM HEATING EXPERT
877-567-7070
www.thesteamwhisperer.net

At The End of The Day, What Do You Want to Come Home to?

It’s been a long day at work and your feet are cold and wet from slushy streets. The train is noisy and the chill penetrates inside as hot air blasts from the heaters. The train finally reaches your stop and you walk home and up the stairs. With the final click of the latch, the noise of the street disappears and it is quiet. The silent, gentle warmth of Steam Whisperer heating greets you like a warm fire as the cold melts away. In the house you hear the kids laughing and playing... healthy kids breathing air that is clean and safe, because Steam Whisperer heating does not dry out or contaminate the air with dirty ductwork.

BAC Auction

Whether you’re an aspiring rock and roll musician, a wine connoisseur, a White Sox fan or a dare devil, there is an experience package just right for you at the 42nd annual Beverly Arts Center Auction, Sat., Feb. 9, at the Center, 2407 W. 11th St. Doors open at 6 p.m. and the event will feature a professional live auction offering an outstanding array of unique experience packages and items.

The Beverly Arts Center Auction mixes the thrill of bidding on silent and live auction items with the pleasures of an evening of entertainment by Railroad Gin, a buffet of savories and sweets, and a cash bar for a great night of socializing all offered in a festive circus-themed setting that will be full of surprises.

The BAC Auction will offer travel, entertainment, sports and cultural packages, as well as an outstanding variety of service packages. Live auction items include a Hanson Gatto Street electric guitar from Lakland Guitars, an Instant Wine Cellar of carefully selected wines, four VIP tickets to a Chicago White Sox game (including VIP parking), a zip line canopy tour for four near Starved Rock, and a private tour of the Chicago Art Institute Modern Wing with lunch at Terzo Piano.

“You’ll have a blast while supporting the arts in our community,” said committee member Sal Campbell. “Bidding in the auctions is always fun, especially with a group of friends. Throw in a great local band, ‘circus treats’, cocktails and a fun neighborhood crowd, and you’ve got a terrific party.”

The Auction is the Beverly Arts Center’s biggest fund raiser of the year and BAC Auxiliary volunteers spend months working on it. Auction tickets are $50 ($40 for BAC 555 Club Members) and available by calling 773-445-3838 or online at www.beverlyartcenter.org. Check out the Beverly Arts Center Auction on Facebook for more information.

Jive Turkey was founded in 2001 by Westbrooks when she began frying turkey in her Brooklyn, New York back yard. In 2003, Jive Turkey opened a retail store in Brooklyn, offering customers a menu of sandwiches, entrees and salads featuring fried turkey. In 2005 Jive Turkey began to manufacture and ship turkeys nationwide. In 2012 the company relocated from New York to Chicago.

Jive Turkey has been featured on the Food Network and Travel Channel and national television, news programs, national magazines and local newspapers. The store allows customers to “eat with their eyes” by watching the entire turkey frying process – from the lowering of the turkey into the hot oil to the emergence of the juicy golden bird — through a display window.

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Thank You Beverly and Morgan Park for Your Continued Business!
Beverly/Morgan Park resident Dave Bunnell, The Steam Whisperer, recently addressed the international board of RSES (Refrigeration Service Engineers Society) at their national conference in South Carolina. RSES is a respected training organization for the heating, cooling and ventilating industry.

Asked to offer his insights about the needs and future of steam heating, Bunnell said one of the greatest concerns is the lack of properly trained steam technicians.

“Nearly 100% of steam heating boilers have twice the capacity for proper and efficient operation, and nearly 95% have major installation errors,” he said, adding that nearly all older steam heat systems were never properly converted from coal operation to modern gas or oil fired boiler operation. According to Bunnell, inexpensive upgrades done right can achieve substantial fuel savings as well as greater comfort.

“There is an enormous installed base of steam heating in the U.S. and the savings realized by upgrading these existing systems can free up funding to help stimulate the economy, reduce pollution and extend our energy resources,” he said.

Another concern is the Department of Energy efficiency rating system that makes it appear forced air heating is more efficient than steam heating. “This leads to funding discrimination in efficiency programs,” Bunnell said. “In Chicago, owners of pre-1940’s structures and lower income families—which mostly use steam heating—receive little benefit from People’s Gas rebates, while other owners receive substantial rebates.”

Bunnell also discussed new technologies such as room by room temperature control and integrated high efficiency boiler/burner system designs that are being developed and implemented by Bunnell and other steam specialists throughout the country.

“Steam is a very clean and efficient technology. It’s the future of home heating,” Bunnell said.

Bunnell is an active member of the Chicago City Steam and High-Pressure Branch of the National Board of Mechanical Engineers. He has been a contractor for steam heating for over 30 years.

Bunnell will present a program on steam and hot water heat Sun., Feb. 10, 3 p.m. at Ridge Historical Society 10621 S. Seeley Ave. Admission is $5 for RHS members, $10 for nonmembers. For information, call 773-881-1675.
Happy New Year to All!
Best Wishes for a
Happy, Healthy and Prosperous 2013

By Judie Anderson

We all know about the Art Institute’s magnificent collection of impressionist paintings, but here in our own community, is a hidden gem at the Ridge Park Fieldhouse: the John H. Vanderpoel Gallery, housing Beverly/Morgan Park’s own museum of largely American Impressionist paintings plus a few European works, such as that of Mary Cassatt. And we don’t even have to go downtown to see it.

Composed of over 600 pieces, 400 of which are oil paintings and 200 are works on paper, such as drawings, etchings, woodblocks and watercolors, it is indicative of the movement that still continues, and is lovingly cared for by custodians Sidney and Grace Hamper and the Vanderpoel Art Association.

Sid and Grace are a veritable wealth of information about each and every work, and have documented their findings, along with others. To go on a tour with them through the gallery is like a lesson in the history of this particular period in American Art. We not only have the works themselves, but the information about them and the artists who created them.

As for the history of John Vanderpoel, who has a public school and a street named for him, he was the first director of the School of the Art Institute (my alma mater) and resided at 93rd and Pleasant Avenue while teaching at the institute. A master of drawing, Vanderpoel published a book that is still considered to be the art students’ bible, “The Human Figure.” Copies of the book, his palette and other artifacts, but most importantly, his original figure drawings, are encased at the Vanderpoel Gallery for the public to see.

While the paintings are most impressive, there are smaller works, such as drawings, woodblock prints, etchings and John Vanderpoel’s own sensitive watercolor sketches on the shelves and tables. In addition, you will find various bronzes and sculptures.

Although the paintings are hung European fashion (one above another), there is not enough room for all the works to be viewed at once, so pieces are rotated from storage from time to time. However, my favorites, such as Maxfield Parrish’s “Solitude” and “Entrance of the King” and Grant Wood’s “Seed Time and Harvest” appear to be constants.

There is also considerable restoration taking place. Recently returned to its place on the wall is “View From My Studio Window” by Joseph Tomanek. I could not believe how brilliant the color is now.

Vanderpoel Gallery also hosts exhibits by visiting artists. My late husband, Bill Anderson, and I were privileged to each have a solo show of our work in the gallery, as have many other Chicagoland practicing artists.

The Art Institute doesn’t have these treasures. We do. Take an afternoon to view this wonder . . . and tell a northsider about it. They’ll be jealous. Better yet, invite them down to see it. I have, and they were overwhelmed.

Hours: Tues. and Thurs., 1-4pm, Sat., 10-2pm, by appointment, 773-779-0007.
Start the Year With Forgiveness
By Patricia Harthun

After the holiday season, we gather up the last of the bows and the wrappings, and find little niches for all the new presents. Every now and then, there can be emotional baggage that is hard (and detrimental) to store away.

The classic picture of the holiday season includes families and friends getting together in peace and harmony. That happens sometimes. At other times, old hurts get triggered and unhealthy patterns of interaction resurface. Sadly for some, there is no interaction. When estranged from family members, the cultural focus on family togetherness highlights the divisions.

In these cases, family relationships and friendships can be injured by misunderstandings or angry words. An individual may feel slighted, and may “write off” the offender. Suddenly, all the positives that occurred previously are forgotten, and all future actions are viewed through a negative lens. The hurt person may gather evidence for the conclusion they have decided on.

There are times when abusive relationships and dysfunctional family dynamics make distance necessary for self-protection. Creating supportive environments through friends or “adopted families” helps fill important needs for support and connection. Even if situations require distance from family, individuals can still work internally on their wounds to create more room for forgiveness in the future or from a distance.

So why and should we forgive? The why is clear. Unresolved anger and resentment eat away at our well being and intrude on our peace of mind. The how involves taking into consideration that people are human and make mistakes. Very often, the hurt caused by ignoring or retaliating is greater than the original injury. We have the right to express what we would like to see change, but we lose the opportunity for change when we “write off” someone because they have wronged us.

No one is all good or all bad. Missteps co-exist with the good deeds. If we can focus on the positive aspects of a person and speak up or step back temporarily when the negative creeps in, then we get the best of both worlds. We have the opportunity for improved relationships.

Use this fill-in-the blank template to provide a framework for expressing what changes you want: “When you did _____, I felt______. Next time, please______.”

We do possess the capability for healing and change. If we can allow for the imperfections of the people in our lives, we can move past the hurts and enjoy the richness of the relationships around us.

(Patricia Harthun works in private practice in collaboration with 12 professionals at Beverly Therapists, 10725 S. Western Ave. 312-835-7976 or beverlytherapists.com.)
Learn More About Morgan Park Academy

Global Scholars Open House
Thursday, January 31, 2012 – 6:30 p.m.
Join us for an All-School Open House focused on our Global Scholars program. Our faculty and staff will discuss the program’s benefits for students at all ages, preparing them to succeed in a dynamic world. You’ll hear about our new Global Scholars initiatives including: expanded World Languages curriculum, with French, Spanish and Mandarin in all divisions, expanded opportunities to study abroad and expanded International Student program.

All-School Open House
Saturday, February 9, 2013 – 10:00 a.m.
You’ll hear from students and faculty, tour our historic campus, and learn why our graduates consistently succeed at the nation’s finest colleges and universities. See for yourselves the unique opportunities students are given to pursue educational excellence, leadership and global citizenship.

For all details about these events please visit our website at: www.MorganParkAcademy.org/Admissions
For more information about the Academy or to register for an event please contact Adriana Mourgelas, Director of Admissions, at 773-881-8702 or amourgelas@morganparkacademy.org.
The Academy offers affordable transportation to and from many suburban locations and Chicago neighborhoods.

A Peace of My Mind
Building a more peaceful world...one story at a time

Photographic Art Exhibit & Community Conversation
on display from January 6 – February 13, 2013
Thursdays and Fridays 3 – 8pm; Saturdays 10am – 1pm
Free Admission
Bethlehem Evangelical Lutheran Church
9401 S. Oakley Avenue, Chicago, IL 60643
773.445.7558
Visit www.bethlehem-chicago.org for a schedule of featured exhibit events

You Are Invited!
Exhibit Opening with the Artist
Sunday, January 6, 3:00 – 5:30pm
Complimentary reception – drinks and light food, live music by Grace Notes, and special guest, A Peace of My Mind photographer, John Noltner. John will discuss his exhibit of 52 black & white portraits, accompanied by narratives on peace, of ordinary and diverse subjects: holocaust survivors, the homeless, a Somali refugee, a military chaplain, a pottery instructor, an oil company executive, and many more. Bring your family & friends, and join in the celebration of this unique exhibit which seeks to build unity and overcome division by asking the question, “What does peace mean to you?”. 

NEIGHBORHOOD NOTES
CONTINUED FROM PAGE 2
6:30 p.m., Beverly Bank, Community Room, 10258 S. Western. Seminar topics include preserving your wealth for your spouse and/or beneficiaries, reducing your estate, gift and income tax liability, ensuring your wealth is managed according to your wishes, and working through the probate process. Free.

All Day Montessori Open House
On Sat., Jan. 26, 10 a.m. to noon, All Day Montessori School, 1819 W. 99th St., will host an open house for community members interested in learning more about Montessori education and enrolling in the school. Teachers and school leaders will be available to answer questions. The school is currently accepting applications for summer camp for ages 2 through 9 and the 2013-2014 academic term for students ages 13 months to 5 years. 773-239-8248 or www.alldaymontessori.org.

AYSO Soccer Sign Up.
Boys and girls age 4 through 18 can play American Youth Soccer Organization soccer June 17 through Aug. 13 at Dan Ryan Woods. Registration will be held Sun., Jan. 27, 1 to 4 p.m., Sun., Feb. 24, 1 to 4 p.m., Tues., Mar. 19, 6:30 to 8 p.m., Fri., Mar. 22, 1 to 4 p.m., or Sun., Mar. 24, 1 to 4 p.m., Graver Park, 1518 W. 102nd Pl. Information: www.ayso423.org or soccer@ayso423.org.

Field Museum Trip.
The Beverly Bank Platinum Adventures Club will host a trip to visit the Field Museum’s dazzling exhibit Maharaja: The Splendor of India’s Royal Court, revealing the world of India’s Maharajas from the 1700s to the 1940s, Tues., Jan. 29, departing from Ridge Academy, 103rd and Campbell, 10 a.m. $75 per person, lunch included. Reservations/information: 773-239-2265 or moconnell@thebeverlybank.com.

LCMH Nurses Recognized.
The Little Company of Mary Hospital Foundation will host the Crystal Heart Ball Sat., Feb. 2 at the Field Museum. The Venerable Mary Potter Humanitarian Award will be presented to Marge Nykaza, founder of Harmony, Hope & Healing, a non-profit organization that provides creative, therapeutic and educational music programs to homeless and under-served women, children and men in the Chicago area. The Sister Nancy Boyle Award for Values, Innovation: The Campaign for Excellence honoree is Little Company of Mary’s Integrative Therapy. The event includes a cocktail reception, gourmet meal, music by the Indigo Orchestra, and exclusive access to the featured exhibit: Maharaja: The Splendor of India’s Royal Courts. Tickets are $300 per person and proceeds benefit Values, Innovation. The Campaign for Little Company of Mary Hospital. 708-229-5447 or www.lcmhfoundation.org.

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Save the Date! Beverly Arts Center’s 42nd Annual Benefit Auction will be held Sat., Feb. 9, 6 p.m. Live and silent auctions, music, food and fun are part of the not-for-profit Center’s major annual fund raiser. To arrange donations or receive more information, call 773-445-3838.
Evolving Artists Exhibit

Works by 26 finalists have been selected for the 5th Annual Evolving Artists Competition and Exhibition hosted by the Young Adult Board of the Beverly Arts Center. The exhibit will be open from Thurs., Jan. 4 through Thurs., Jan. 31, 2013, at the Center, 2407 W. 111th St. Winners will be announced at the artists’ reception, Sat., Jan. 12, 7 to 9 p.m.

The exhibit features open subject matter is a variety of 2D works. Gallery admission is free. Hours are 9 a.m. to 9 p.m., Mon. through Fri., 10 a.m. to 6 p.m., Sat., 10 a.m. to 6 p.m., and Sun., 1 to 6 p.m.


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Chicago Solo Theatre
Showcases Original Stories

Beverly/Morgan Park actor/musician/storyteller David Boyle will showcase the art of storytelling at the Chicago Solo Theatre Inaugural Story Night Sat., Jan. 26, 8 p.m. at The Venue, 1550 S. State St. Working with The Venue’s Artistic Director John Devens, Boyle and four other outstanding Chicago actors/storytellers will perform original works that are sure to inspire, amuse and touch the audience. Performers are Boyle, Freda Humble, Rob Fagin, Jen Bosworth and Arlene Malinowski.

Boyle’s career as an actor and musician spans 20+ years. For the past six years he has primarily appeared as a solo artist performing David Sedaris’ “Santaland Diaries” at World Music Company and his own solo play, “An Accidental Organist.” At venues that include the Gorilla Tango Theatre and The Music Station. Chicago Reader critic Tony Adler called "An Accidental Organist" “A well-told mix of wit, cussedness, close observation and unmixed emotion.” Boyle is the founder and artistic director of Chicago Solo Theatre. Freda Humble’s most recent performances include roles in “East of the Sun, West of the Moon” at Coriolis Theatre and “The 25th Annual Putnam County Spelling Bee” at Beverly Arts Center. She has also performed in “Steel Magnolias,” ArtCraft Theatre; “Lost in Youkers,” Hale Theater Arts Company; “Oklahoma!,” Bethel Performing Arts Center; and others. Humble currently performs with the professional choir, Canticus Novum, and was the lead singer for the Chicago based cover band, Girl Next Door.

Making his solo debut at the Inaugural Story Night is actor Rob Fagin. Fagin’s recent acting credits include “The Book Thief,” Steppenwolf; “Rapture,” 16th Street Theater; “The Front Page” and “The Farnsworth Invention,” TimeLine Theater; and “Cherry Orchard,” Strawdog Theatre. He is a graduate of The School at Steppenwolf.

Writer/performer Arlene Malinowski has had five award-winning solo shows produced at venues throughout the country. She teaches writing at Chicago Dramatists and coaches writers privately. Malinowski also contributes work to literary publications.

Tickets to Chicago Solo Theatre Inaugural Story Night are $15. For more information visit www.facebook.com/ChicagoSoloTheatre, thevenueat1550sstate.com or call 312-674-0001.

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Sorry,
no change back.

Special Bonus Offer!!
Redeem 10 Billy Bucks at 1 time, and earn an
extra $25.00 for a total of $75.00
(Limited time offer)
These Billy Bucks can only be redeemed
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